

Natural Touch Aromatherapy

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PURITY ANALYSIS CERTIFICATE

CINNAMON (SRI LANKAN, LEAF)

BOTANICAL CLASSIFICATION *Cinnamomum zeylanicum* (syn. *C. verum*) is a species of the Lauraceae family.

GENERAL DESCRIPTION An exotic, rust coloured tree which has small white flowers and berries all year round. It can grow up to 15 metres in height in its natural state but when grown commercially it is kept to a height of about 3 metres. The yellow - brown warm, spicy oil is extracted from the leaves & twigs.

ORIGIN Native to several areas including Sri Lanka, Madagascar and the Comoros several varieties are also cultivated in India and Africa.

GAS LIQUID CHROMATOGRAM The main components of Natural Touch's oil type are compared to classic profiles below. This oil is typical of Sri Lankan origins. It is very important to use Cinnamon Leaf in aromatherapy and **not** Cinnamon Bark. Oil from the leaf is composed of mainly eugenol, a phenol, whilst the bark has up to 75% cinnamaldehyde which is toxic, causes skin irritation and sensitisation and should never be used on the skin.

COMPONENT	NATURAL TOUCH (%)	CLASSIC (%)
Eugenol	79.3	70 - 96
Caryophyllene	3.7	1 - 6
Linalol	2.3	1 - 5

- GLC analysis carried out at the Scottish Agricultural College, Auchincruive.
- Official Stamp: