

# Natural Touch Aromatherapy

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## PURITY ANALYSIS CERTIFICATE

### YARROW (MOROCCAN)

BOTANICAL CLASSIFICATION *Achillea millefolium* is a species of the Asteraceae family. Often referred to as Milfoil or Common Yarrow.

GENERAL DESCRIPTION A perennial herb often found in hedgerows. It grows to about 1.5 metres in height and has feathery leaves with an abundant mass of pink and white flowers. The essential oil is dark blue or greenish olive in colour with a strong, slightly sweet, herbaceous aroma.

ORIGIN Now found in most temperate regions of the world this herb is a native of Eurasia. The oil is extracted by steam distillation of the dried herb.

GAS LIQUID CHROMATOGRAM Although a commonly produced oil there is such a spectrum of quality that specifications are difficult to agree on. Many chemotypes exist, depending on the variety and country of origin. Natural Touch's oil has a strong base line on the GLC analysis with all the agreed components represented. Our oil has a sweet character and lends itself better to use in aromatherapy than some of the harsher alternatives that contain camphor, borneol, thujone and terpinene-4-ol.

COMPONENT	NATURAL TOUCH (%)
Sabinene	18.2
Camphor	16.1
Beta pinene	7.9
Myrcene	6.8
Chamazulene	2.7

- GLC analysis carried out at the Scottish Agricultural College, Auchincruive.
- Official Stamp: