

# Natural Touch Aromatherapy

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## PURITY ANALYSIS CERTIFICATE MELISSA (BLEND)

BOTANICAL CLASSIFICATION *Melissa officinalis* of the Lamiaceae family and *Citrus limonum* of the Rutaceae family. This blend is created by redistilling lemon over the melissa herb.

GENERAL DESCRIPTION Melissa is a sweet smelling herb with bright green leaves and white and pink flowers. Pure melissa is, unfortunately, prohibitively expensive. The only grower we know who can certify genuine purity produces just 3kg each year! Hence the only realistic way in which therapists can benefit from using the herb is with a blended essential oil.

ORIGIN Natural Touch's melissa blend is prepared at a French distillery using fresh French melissa herbs and Sicilian lemon essential oil.

GAS LIQUID CHROMATOGRAM Key components of Natural Touch's essential oil type are given below. Pure melissa is made up mainly of citronellal, nerol, geranial, linalool and limonene. A good melissa blend should resemble a pure melissa profile and be without sizeable percentages of non-melissa constituents (a large linalool percentage for example would be indicative of a poor melissa blend as the material would be bulked up with the common extender).

COMPONENT	NATURAL TOUCH(%)
Linalool	8.8
Citronellal	34.1
Citronellyl acetate	11.1
Limonene	3.4
Nerol	7.1

- GLC analysis carried out at the Scottish Agricultural College, Auchincruive.
- Official stamp: